



The experienced team of Doctors and friendly, caring staff at Clarity MedSpa are prepared to customize your personal weight management program utilizing medication as needed, with lifestyle and diet adjustments to emphasize long term weight resolution and goal setting at a healthy pace.

Simultaneous counseling on proper nutrition is a must! Educating you to make informed and nutritious food choices by designing a manageable plan for your best results is a proven system.

Weight loss should be managed like any other medical treatment program; in full partnership with cooperation between you, the physician, and staff.

The rewards of achieving and maintaining a healthy weight are many, and looking good is the least of all these benefits!

Help is just around the corner, and your good health is only a phone call away. Call today to discuss your options and be one day closer to a healthier, happier you!



Developed by the Clarity MedSpa team and available exclusively through Clarity MedSpa

Clarity MedSpa

*19401 Shumard Oak Drive
Land O' Lakes, FL 34638
(813) 388-6818*

www.claritymedspa.com

We are located in Oakstead Commerce Center at the corner of SR 54 and Oakstead Boulevard.

Healthy Choices...

Healthy Life!



Salubria Weight Management Systems

*Look Good,
Feel Good,
Celebrate Health!*



Clarity MedSpa
Beyond The Surface

(813) 388-6818



Salubria Weight Management Systems

Featuring

The CRANDAL Program

Achieving a Healthy Balance Through

Calorie Restriction

Adequate Nutrition

Damage Avoidance

Lifestyle Change

The CRANDAL method of weight control will set you on the road to an informed, healthier life. Feeling fabulous is priceless!

Eat Smart, Get Moving, Be Positive!

One of the most important messages we can relay to our clients is the knowledge that maintaining proper weight is the key to good health. Losing weight is not just about looking good!

Excess weight causes problems that won't usually be evident until the damage signals dangerous physical symptoms.

Some of these include:

- . High Blood Pressure*
- . Diabetes*
- . Sleep Disturbances*
- . Acid Reflux*
- . Hormonal Disturbances*
- . Arthritis*
- . Fatigue*
- . Depression/Anxiety*

